



PODAR INTERNATIONAL SCHOOL, CHINCHWAD

Battling Exam Jitters!

“Don’t watch the clock. Do what it does. Keep going”.

Childhood is about playfulness and guileless innocence but it is also about exam anxiety and stress. Emotions go haywire as the young children thrive to attain the best of the best by dint of their industry. It’s their unwavering desire to reach the pinnacle of success that keeps them going. The past two years have been pretty challenging for the young children because they had to bear the brunt of things falling apart due to the advent of Covid-19 in our lives. However, it has been observed that the little minds perpetuated values in such times of despondency that propels you to embrace constraints and bear mental strength. They have been courageously resolute and taught us to move on in all our glory despite the grim situation.

When you think positive, positive things happen and with God’s blessings CBSE Term-I board examinations are conducted with ease at Podar International School, Chinchwad, where children are provided a stress free and safe environment with strict adherence to government protocols. Candidates were guided well by their respective schools about how to fill the responses in the OMR sheet and are also instructed by the exam-in-charges and invigilators at the centre so that exam anxiety amongst students are curbed and they feel at home at the centre. Additionally, they are allowed to put on their masks and carry their own sanitizers, water bottles and abide by the safety norms and SOPs implemented by CBSE.

With the successful and smooth conduct of examinations, fear among students is alleviated and they are ensured of success as the efforts they put throughout the year would not go down the drain.